

Koinonia

focus

MONTHLY NEWSLETTER
TALLAHASSEE HEIGHTS UMC
APRIL 2021

HE IS RISEN!



**Church Bulletin Board constructed by
Violet Arthmann and Children's Group**

Church Events

- April 11th—5:30pm

Children's Church

- April 13th—6:30pm

Susanna Wesley Circle

- April 18th—5:30pm

Children's Church

- April 27th—7:00pm

Virtual Charge Conference

APRIL 2021

A MESSAGE FROM THE SUPERINTENDENT

As I reflect on the events of Holy Week and Easter, I am praying for you and your congregation(s) as you move boldly into Easter-tide and toward Pentecost!

Philippians 2:1-7 reminds us that, “If then there is any encouragement in Christ, any consolation from love, any sharing in the Spirit, any compassion and sympathy, ² make my joy complete: be of the same mind, having the same love, being in full accord and of one mind. ³ Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves. ⁴ Let each of you look not to your own interests, but to the interests of others. ⁵ Let the same mind be in you that was in Christ Jesus, ⁶ who, though he was in the form of God, did not regard equality with God as something to be exploited, ⁷ but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, ⁸ he humbled himself and became obedient to the point of death—even death on a cross.

⁹ Therefore God also highly exalted him and gave him the name that is above every name, ¹⁰ so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, ¹¹ and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

Christ emptied himself on the cross (kenosis), so that he might be fully obedient to God in the totality of his humanity. When we are focused on ministry, sometimes we can get in the way of our own obedience and struggle with our human “stuff” while seeking to live fully into the call of Christ upon our lives. God continues to call me to “let go of self-centered self” and live for Jesus. It’s probably one of the hardest things we have to learn as Disciples of Jesus Christ.

I shared this prayer with my staff recently at Trinity, Tallahassee from Mother Teresa’s writings. It spoke to my heart about what it takes to get out of the way of our humanity as we search for the holy. Let me encourage you to pray this prayer often as you move beyond the Joy of Easter Sunday and return to your everyday cadence of life and daily challenges:

Deliver me, O Jesus:

*From the desire of being esteemed
From the desire of being loved
From the desire of being honored
From the desire of being praised
From the desire of being preferred to others
From the desire of being consulted
From the desire of being approved
From the desire of being popular.*

Deliver me, O Jesus:

*From the fear of being humiliated
From the fear of being despised
From the fear of being rebuked
From the fear of being slandered
From the fear of being forgotten
From the fear of being wronged
From the fear of being treated unfairly
From the fear of being suspected*

Jesus, grant me the grace

*To desire that others might be more loved
than I, That others might be more esteemed
than I, That in the opinion of the world,
others may increase and I decrease, That
others may be chosen and I set aside, That
others may be preferred to me in everything,
That others may become holier than I,
provided that I, too,
become as holy as I can.*

Prayer of Mother Teresa for the Shaping of
Desires

From *A Simple Path* (1995)



Spring Cleaning Your Sewing Room?

Sewing Kits are a wonderful WOW item to include in a shoebox for an Older Girl. Kits are often assembled from donated sewing supplies. Do you happen to have extra supplies you would like to donate?

Ideas Include:

- Ribbons
- Rick Rack
- Seam Binding
- Buttons
- Safety Pins
- Fabric by the Yard
- Fabric Scraps



Please place your donations in the box in the Narthex.

If you are looking for sewing projects, we have opportunities to assist as well!

Please see Elizabeth Ostrus, Laurel Parido or Debbie Pottorff for more information.





Hope Lamantia	04/01	Carina Beaudoin-Tate	04/23
Hannah Ostrus	04/01	Keaton Wilson	04/23
William Middleton	04/07	Nelia Peacock	04/24
Elizabeth Ostrus	04/08	Kimberly Mason	04/27
Basil McKnight	04/12	Enzo Lamantia	04/27
Cameron Casey	04/18	Briana Young	04/28
Selina Hough	04/19	Doug Shelby	04/29
Stephan Washington	04/21	Mary Watson	04/30



Don & Anja DeLoach	April 4th	23 Years
Jim & Laurel Parido	April 5th	30 Years
JoAnne & Bill Dull	April 8th	65 Years
Chris & Susan Swick	April 10th	11 Years
Violet & James Arthmann	April 20th	53 Years
Chuck and Candy Janes	April 23	27 Years